



OXFORDSHIRE COUNTY COUNCIL
Fringford C.E. Primary School
Headteacher Mr F Pastore

NEWSLETTER MAY 2020

Message from the Headteacher

I hope you have all enjoyed a restful half-term break and I hope you are continuing to stay well and to keep safe.

Hopefully by now, you have settled into a good routine and are managing to get a happy balance between schoolwork, home life and keeping active.

It really is wonderful to see all the exciting work that you have all been producing from home. Our teachers have been very busy creating more home learning tasks for you for next month. Remember, if you are having any difficulties, do please let us know so that we can try to help.

I know that many of our pupils have already spoken to their class teachers on Zoom or by phone. From next week, our teachers will be contacting children they haven't been able to catch up with to chat about how their learning is progressing and how they are feeling.

I imagine there will be several new announcements from the government about schooling next half-term. I will let you all know how these will affect our school and our families as soon as I can.

Value of the Term

Our value this Term is 'Resourcefulness'.



Resourcefulness

Here are some useful ways to encourage your child to be resourceful at home:

- Use different methods to find the answer
- Try puzzles and lateral thinking games
- Leave them to work it out
- Ask questions to lead them to the answer
- Embrace technology!
- Remember that it is a mindset
- Reflect on success and failures
- Ask them for their help and suggestions

"An intelligent heart acquires knowledge."

Upcoming Dates

Monday 1st June – CLOSED for staff training

From Tuesday 2nd June we will be open for the following year groups:

Year 6 - 8.45am to 11.45am

Year 1 - 9.00am to 12.00noon

Reception - 9.15am to 12.15pm

Key Workers – 9.00am until booked time.

Please only bring your child to school if you have notified us they are coming. If your child is in R, 1 or 6 and would now like to return to school, please contact us in advance.

We are **CLOSED** on Fridays to all children as the school will be deep cleaned.

"What do we do when our hearts hurt?" asked the boy



"We wrap them in love, with friendship,
Shared tears and time, till they
wake hopeful and happy again"

Credit to Charlie Mackesy

Joyful June

Below is a little calendar of ideas for being Joyful in June. We would love to hear all about the things you do so please email your class teacher if you would like to share the joy. Wouldn't it be lovely if we could receive a photo of each activity to be able to make a collage of images at the end to share on our YouTube Channel?



JOYFUL JUNE (EVEN IN DIFFICULT TIMES) 2020



MONDAY

1 Decide to look for what's good, even on the difficult days

TUESDAY

2 Re-frame a worry and try to find a positive way to respond

WEDNESDAY

3 Think of 3 things you're grateful for and write them down

THURSDAY

4 Show your appreciation to those who are helping others

FRIDAY

5 Smile and be friendly, even while you're social distancing

SATURDAY

6 Notice the upsides during the lockdown, however small

SUNDAY

7 Find a joyful way of being physically active (indoors or out)

8 Write a letter to thank someone for what they did

9 Find the joy in music today: sing, play, dance or listen

10 Take a photo of something that brings you joy and share it

11 Say positive things in your conversations with others today

12 Make a plan with friends to do something fun together

13 Appreciate the joy of nature and the beauty in the world around

14 Do three things to bring joy to other people today

15 Rediscover a fun childhood activity that you can enjoy today

16 Ask a loved one what they feel grateful for at the moment

17 Be kind to you. Treat yourself the way you would treat a friend

18 Send a positive note to a friend who needs encouragement

19 Create a list of favourite memories you feel grateful for

20 Make time to do something playful today, just for the fun of it

21 Enjoy trying a new recipe or cooking your favourite food

22 Share a happy memory with someone who means a lot to you

23 Look for something to be thankful for where you least expect it

24 Thank a friend for the joy they bring into your life

25 Eat food that makes you feel good and really savour it

26 See the upside in a difficult situation you learnt from

27 Watch something funny and enjoy how it feels to laugh

28 Create a playlist of your favourite songs and enjoy them

29 Take time to do something that makes you happy today

30 Make a list of the joys in your life (and keep adding to them)



"Every day may not be good, but there is something good in every day" ~ Alice Morse Earle

ACTION FOR HAPPINESS



www.actionforhappiness.org

30 actions to look after ourselves and each other as we face this global crisis together

Keep Calm · Stay Wise · Be Kind



Staying Safe in the Sun

We hope that all our families have been able to enjoy the recent lovely sunshine we have been experiencing, whether that has been a pop up pool in the garden, a walk to a local woodland or just exploring the local area where you live. When we are at school we promote Sun Safety to the children daily by actively reminding them to wear a sun hat, to spend time in the shade, by being role models and applying sunscreen to ourselves, among many other things. Please remember to keep this up during your time away from school. Maybe ask your child to put the sunscreen into a backpack that they carry? Set a reminder on their watches to reapply the cream?

Fun Activities

Stone Snake

There are lots of fun and exciting activities you can do with your children that won't cost the earth. Lots of Stone Snakes have magically appeared all around us, Mrs McBride came across this one while out walking a few days ago.



Have you seen one? If you haven't then maybe you could start one and others can add to it? The one above now has over 150 stones already! You could collect stones from your garden and paint them or use felt tip pens. To seal the stones you could use PVA glue once they are dry.

[50 things to do before you are 11 ¾](#)

The National Trust have some wonderful ideas for young explorers and many of these can be done at home. You could camp in your back garden, create wild art, or even get up early and watch the sunrise.



Maybe you could add your own ideas and share them with us? We could put together a list of 50 things Fringford Primary School Children should do before they leave for secondary school – not as catchy but maybe someone could come up with a more creative name?

We can start you off with a new one – make a home cinema in your garden.



Dr Bike Sessions

Cherwell District Council have been in touch to let us know about their Dr Bike Sessions that they are offering in Banbury and Kidlington for *free bike repairs (*please see attached flyer for further information as some items may be chargeable) There is no eligibility criteria for this service but the person who drops the bike off must also be the person who collects it. All the mechanics are qualified and there will also be volunteers from local cycling clubs to help out. To book a place please either use Event Bright or email Healthy Place Shaping Team.

<https://www.eventbrite.co.uk/e/dr-bike-kidlington-tickets-106772435228>

<https://www.eventbrite.co.uk/e/dr-bike-banbury-grimsbury-community-hall-tickets-106919653562>

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